

# Building a Brighter Future: Promoting, Protecting and Improving Young People's Mental Health in Europe



**Wednesday 28th March 2018**

Thon Hotel Brussels City Centre,  
Brussels



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Through its EU office in Brussels, PPE has successfully developed platforms in the fields of public health, human rights, migration, ICT, youth policy, green energy and higher education. With ongoing policy developments in other fields, PPE is continually seeking to initiate new platforms in key public policy areas through close cooperation with EU institutions and agencies, leading European and international organisations, and key practitioners and academics from across the globe.

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For enquiries about programme content or speaking please contact our Brussels office: [assistant@parlicentre.org](mailto:assistant@parlicentre.org)



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- 09:15**      *Registration and Morning Refreshments*
- 10:00**      **Chair's Welcome and Opening Remarks**  
**Jan Buitelaar**  
Professor, Radboud University
- 10:10**      **The European Strategy on Mental Health: Understanding the Current Framework**  
**Laura Marchetti**  
Policy Officer, Mental Health Europe  
**Ionela Petrea**  
Head of Department Trimbos International, Leader of the EU Compass for Mental Health and Well-being, Trimbos Instituut
- 10:40**      **First Round of Discussions**
- 11:10**      *Morning Coffee Break*
- 11:30**      **Promoting a Cross-Sectoral Approach, Early Prevention, Detection, and Treatment of Mental Health**  
**Valentina Polyas**  
Operations Manager, EUREGHA  
**Sona Nevsimalova**  
Professor of Neurology, Charles University Prague  
**Karolien Weemaes**  
Assistant federal coordinator for the reformation of the mental health care for children and adolescents in Flanders and Brussels, Federal public service
- 12:00**      **Second Round of Discussions**
- 12:30**      *Networking Lunch*
- 13:30**      **The Role of Technology and Social Media: Potential Risks and Solutions**  
**Martin Schmalzried**  
Senior Policy and Advocacy Officer, COFACE – FAMILIES EUROPE  
**Tinna Ros Steinsdottir**  
Child Participation Officer, Eurochild
- 14:00**      **Third Round of Discussions**
- 14:30**      *Afternoon Coffee Break*
- 14:50**      **Improving Workplace Conditions for Young People**  
**Massimiliano Mascherini**  
Senior Research Manager Social Policies, Eurofound  
**Vanessa De Greef**  
Researcher and Senior lecturer, ULB
- 15:20**      **Fourth Round of Discussions**
- 15:50**      **Chair's Summary and Closing Remarks**
- 16:00**      **Networking Reception and Refreshments**
- 16:30**      *Symposium Close*

*\*\* Please note that the programme and speakers are subject to change without notice \*\**



# DELEGATE LIST

<b><u>Name</u></b>	<b><u>Title</u></b>	<b><u>Organisation</u></b>	<b><u>Country</u></b>
N.M. Bakkeren	Doctoral Candidate/ Teacher	Utrecht University	Netherlands
Franz Baro		Ga voor Geluk	Belgium
Naila Boussaid	Manager	French Ministry of Health	France
Joseph Duffy	CEO	Jigsaw	Ireland
Françoise Gillen	Law Adviser	ORK Ombudscomité fir d'Rechter vum Kand	Luxembourg
Jo Holsbeek	Attaché Mental Healthcare	Federal Public Service	Belgium
Inga Hornei	Coordinator	Kaleido Ostbelgien	Belgium
Matthias Köster	President, ZGKJPP	ZGKJPP	Switzerland
N.J.J.M. Mastenbroek	Coordinator of Course on Professionalism	Utrecht University	Netherlands
Davnet McEllin	Youth Officer	Galway & Roscommon Education and Training Board	Ireland
Miclea Mircea	Professor	Babeş-Bolyai University	Romania
Kate Mitchell	Senior Policy and Research Officer	Mental Health Reform	Ireland
Sinead Morgan	Adult Education Officer	Galway & Roscommon Education and Training Board	Ireland



Alexandra O'Keeffe	Regional Manager	Jigsaw	Ireland
L. M. L. Postmes	Doctoral Candidate	University Medical Center Utrecht	Netherlands
Jane Sattoe	Postdoc Researcher	Netherlands Institute for Health Services Research	Netherlands
Beverley Sinton	Vice-President	ADHD, ASC & LD Belgium ASBL	Belgium
Aleksandras Slatvickis	Director	Klaipeda Mental Health Center	Lithuania
Mita Talenti	Communication and Project Assistant	EUREGHA	Belgium
Jan Toye	.	Ga voor Geluk	Belgium
Tyne Van der Veken	Project Manager (Youth Projects)	ESF Flanders	Belgium
Diederik Van Iwaarden	Liaison officer	Utrecht University	Netherlands
Loes Van Kelst	Project Worker Mental Health Prevention	Vlaams Instituut Gezond Leven	Belgium
H.M.V. Van Rijen	Professor of Innovation in Biomedical Education / Director of Biomedical	University Medical Center Utrecht	Netherlands
Martina Von Richter	Fund Mangager	Social Innovation Fund Ireland	Ireland



## **Jan Buitelaar**

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Professor, Radboud University

Jan Buitelaar is a professor of psychiatry and child and adolescent psychiatry at the Radboud University Medical Centre, and at the Donders Institute for Brain, Cognition and Behaviour in Nijmegen, The Netherlands. He is also head of the Karakter Child and Adolescent Psychiatry University Centre in Nijmegen and chair of the National Knowledge Centre of Child and Adolescent Psychiatry.

He has a strong clinical and research interest in neuropsychiatric disorders as ADHD, autism and impulsivity and aggression related disorders, and is involved in pharmacological, cognitive, clinical, genetic, and neuroimaging studies in these disorders. His current active research is focused on translational studies aiming to identify new molecular targets for ADHD and autism through matching preclinical models to human imaging genetics studies. His research is supported by numerous grants from the European Union, NIH, and from the Dutch Medical Research Council.

Prof. Buitelaar has been editor in chief of European Child and Adolescent Psychiatry from 2003-2014. He has published more than 750 peer-reviewed scientific papers with more than 35,000 citations, and is among the top 1% of most often cited researchers worldwide. He has been awarded several honours, such as the research price of the Dutch Society of Psychiatry in 2011, the international travelling speaker fellowship 2011/2012 of the Association for Child and Adolescent Mental Health, and the Merz Guest Professorship at Goethe University in Frankfurt in 2014.

## **Laura Marchetti**

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Policy Officer, Mental Health Europe

Laura Marchetti is Policy Officer at Mental Health Europe (MHE), where she works on social policies, employment, work-life balance and deinstitutionalisation. Laura has been working in the field of human rights at European and international levels throughout her career. More specifically she has focused on the rights of persons with disabilities, children's rights, deinstitutionalisation, economic and social rights.

## **Ionela Petrea**

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Head of Department Trimbos International, Leader of the EU Compass for Mental Health and Well-being, Trimbos Instituut

Ionela Petrea is Head Departement, Trimbos International at Trimbos-instituut responsible for Mental Health Care. Previously she has been working in World Health Organisation as Technical Officer for Mental Health Programme (2004-2010) and technical Officer for Tobacco Control Programme (2001-2004).

Ionela has a PhD degree in Medicine from the London School of Hygiene and Tropical Medicine, University of London and Masters Degree in International Public Health/International Health from University of Copenhagen.

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## **Valentina Polylas**

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Operations Manager, EUREGHA

Valentina Polylas joined the European Regional and Local Health Authorities (EUREGHA) network on January 2018 as Operations Manager. She leads and manages the Secretariat and provides strategic advice to the Chair, the Executive Board and the General Assembly. She is responsible for the strategic planning process and advocacy campaign of EUREGHA. She also coordinates the network's commitments within the European projects SUNFRIL (Health Programme 2014-2020) and BOOST (H2020). Valentina represents EUREGHA externally by liaising with members, EU institutions, European networks and other relevant stakeholders.

Prior to EUREGHA, she was Senior Policy Officer at the Emilia-Romagna Delegation to the EU, where she was responsible for Culture and Creativity, Skills, VET, Youth and Tourism. From November 2014 to December 2017, she was co-chair of the Regional Initiative for culture and creativity, a Brussels-based informal network. She is external lecturer on EU funding opportunities at the University of Perugia. Valentina holds a law degree from the University of Bologna as well as a LL.M in International and European law from the University of Bologna and a M.A in European Studies from the University of Louvain-la-Neuve – Université Saint Louis.

## **Sona Nevsimalova**

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Professor of Neurology, Charles University Prague

Professor Sona Nevsimalova has devoted the greatest part of her life to sleep medicine. She has published over 200 scientific papers, 7 monographs and 32 monographic chapters. Her main interest is focused on childhood sleep disorders and particularly central hypersomnias (narcolepsy). She received many scientific awards (including one from the American Academy of Neurology) and honorary prizes for her research, the latest one for the whole life scientific contribution from the President of the Czech Republic (autumn 2017).

At present, she is the Vice-President of the Czech Sleep Society, and just finished a four-year period as the President of the Czech Society of Child Neurology. She has organized several International Congresses, and participated in the Scientific Committees of the ESRS and WASM. The main organizing effort was focused on the World Sleep 2017, held in Prague last October; more than 2.700 delegates participated in this event.

## **Karolien Weemaes**

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Assistant federal coordinator for the reformation of the mental health care for children and adolescents in Flanders and Brussels, Federal public service

Karolien Weemaes has a master in criminology. Over the years she has contributed to a better cooperation between different service providers of mental health care and related fields for different target groups and from different angles. Since 2013 she was involved with the Belgian mental health care reform which is characterized by a global and integrated community-oriented policy and the creation of regional networks. After having worked as a Coordinator of a regional adult mental health network in Antwerp, she currently works for the federal public service 'health, food chain safety and environment',

as assistant federal coordinator for the reformation of the mental health care system for children and adolescents in Flanders and Brussels.

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### **Martin Schmalzried**

Senior Policy and Advocacy Officer, COFACE – FAMILIES EUROPE

Martin Schmalzried holds a Master's Degree from the ULB (Brussels) in Political Science and is a licensed sociology teacher in upper secondary education. He has been working at COFACE (Confederation of Family Organisations in the EU) as a Senior Policy and Advocacy Officer for over nine years. He was responsible for the content of the #DeleteCyberbullying project and was involved in a number of European Projects as external expert including POSCON, ENABLE and SIP-BENCH II and III. He follows the DG CNECT Alliance to better protect minors online and is an expert to the Council of Europe on Digital Citizenship Education.

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### **Tinna Ros Steinsdottir**

Child Participation Officer, Eurochild

Tinna Rós Steinsdóttir works as a Child Participation Officer at Eurochild, a network of organisations and individuals working in and across Europe to promote the rights and well-being of children and young people. Eurochild puts great emphasis on communicating with children and young people and do their work for children, with children and within her role, Tinna is responsible for supporting the participation of children at all levels of Eurochild's work.

Originally from Iceland, Tinna has lived in Austria and Switzerland before relocating to Brussels in 2016 to work with Eurochild. Tinna has great experience in child/youth participation, leadership training and personal development from years of involvement in the YMCA and YWCA from early age; on local level in Iceland, European level, and world level.

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### **Massimiliano Mascherini**

Senior Research Manager Social Policies, Eurofound

Massimiliano Mascherini is senior research manager in the Social Policies unit, where he leads new research on monitoring convergence in the European Union. Since joining Eurofound in 2009, he has designed and coordinated research in the field of youth employment, NEETs and their social inclusion, as well as on topics related to the labour market participation of women. Previously, he was scientific officer at the Joint Research Centre of the European Commission. He studied at the University of Florence where he majored in Actuarial and Statistical Sciences and then obtained a PhD in Applied Statistics. He has been visiting fellow at the University of Sydney and at Aalborg University. In recent years, he has produced a range of contributions for international peer-reviewed journals, conference proceedings and policy reports.

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### **Vanessa De Greef**

Researcher and Senior lecturer, ULB

Vanessa De Greef is a researcher in law, specialized in social law, human rights and legal theory. She defended her doctoral thesis on the topic « Right to work and mental disorders ». She advises administrations on social law, public law and public policies.









## **Digital Skills for Everyone: Accelerating Europe's Competitiveness and Inclusive Growth**

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Thursday 5th April 2018 – Thon Hotel Brussels City Centre, Brussels

This timely international Symposium will provide an important opportunity to exchange views on the recent initiatives launched in the framework of the EU's New Skills Agenda. Delegates will get a chance to analyse the opportunities to integrate the digital sector in citizens' life, its benefits, and the possibilities offered by comprehensive and sustainable training. The symposium will touch upon the topic of digital inclusiveness and how different organisations can lead the process. The participants will share best practice and discuss their digital skills adaptability in different sectors.

### **Why attend:**

- Understand the European initiatives aimed at enhancing capacities in the digital sector
- Explore the opportunities to finance digital education under different Europe-funded programmes (Horizon 2020, Erasmus+)
- Discover ways to build long term strategies to enhance digital literacy and benefit from digital training
- Debate how to address social changes brought about by a growing need of digital skills
- Identify ways to address European geographic fragmentation in digitisation
- Evaluate the role of digital skills in future education and ways to increase their presence in national curricula

## **Fostering Gender Equality in the Workplace: Developing Inclusive Labour Markets for Women Across the EU**

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Tuesday 10th April 2018 – Thon Hotel Brussels City Centre, Brussels

This symposium provides a timely opportunity for experts, national authorities, social partners and other key stakeholders to discuss the latest policy developments at EU level to tackle gender-based discrimination in the workplace. It will also allow delegates to analyse the different drivers of inequality between female and male workers, and to identify priorities for future policy actions in order to remove the remaining barriers to women's access to the labour market.

### **Why attend:**

- Delve into the latest EU policy developments aiming at the achievement of gender equality at work
- Understand the dynamics behind the horizontal and vertical segregation of female workers and debate about proportionate remedies
- Explore effective solutions to close the gender pay gap
- Discuss about measures and methods to tackle violence and harassment against women at work
- Assess the role of social partners in ensuring an empowering workplace for women
- Examine the consequences of unpaid care work on female employment
- Exchange views about innovative policy answers to encourage a more equal share of caring tasks between women and men

### **How to Register**

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or Email: [conferences@PublicPolicyExchange.co.uk](mailto:conferences@PublicPolicyExchange.co.uk)